

Janet T. Mills
Governor

Jeanne M. Lambrew,
Ph.D.



Maine Department of Health and Human Services
Maine Center for Disease Control and Prevention
11 State House Station
286 Water Street
Augusta, Maine 04333-0011
Tel; (207) 287-8016; Fax (207) 287-9058
TTY: Dial 711 (Maine Relay)

Aroostook District Coordinating Council for Public Health (DCC)

Quarterly Meeting

November 6, 2020

9:00 am – 11:30am

Virtual Meeting

The mission of the Aroostook DCC is to be the district-wide representative body for collaborative public health infrastructure development in Aroostook County by:

- ensuring the effective and efficient delivery of the 10 EPHS in Aroostook County
- creating and sustaining partnerships and shared public health resources
- promoting county-wide collaboration in public health assessment, planning, implementation, and evaluation;
- continually enhancing the quality of public health services provided

Minutes

In attendance: Dawn Roberts, Northern Light AR Gould Hospital; Kim Parent, Power of Prevention; Laura Turner, Northern Light AR Gould Hospital; Leah Buck, AHEC & NMCC; Gabe O'Brien, Maine Youth Action Network; Carol Bell, Community Member; Norm Fournier, County Commissioner; Alain Bois, NMMC; Tammy Hatch, Public Health Nursing; Sargent Craig Cochran, Caribou Police Department; Sue Bouchard, Fish River Rural Health; Mike Hatch, Healthcare Coalition of Maine; Addy Buck Bell, ACAP; Meg Hagemann, ACAP; Beverly Wardwell, PHN; Joy Barresi Saucier, AAA; Jann Jackson, Hope and Recovery Center; Gina Brown, Houlton Regional Hospital, Ellen Bartlett, Houlton Regional Hospital; Chief Mike Gahagan, Caribou Police Department; Craig Holder, Sherriff's Office; Stacy Boucher, Maine CDC; Maura Goss, Maine CDC; Closed Captioner, RCC via Disability Rights Maine

Welcome

- [Agenda](#)
- Housekeeping

Review Minutes

Meeting minutes from [the August 5, 2020](#) meeting were approved as written. Motion to approve, Alain B. Seconded, Dawn R.

Topic: [Drug Impairment Detection](#)

Guest Presenter: Sergeant Chad Cochran, Caribou Police Department

District Operations Update

Maine CDC- District Liaison Update

1. Maine is currently under a coronavirus surge, as is the County. The ME CDC is still classifying cases by outbreaks whenever possible, but we do have community transmission across all 16 of Maine's counties.
2. Governors new executive order reinforces the necessity of making in public places as well as limiting the number of individuals allowed for Indoor gathering back down to 50.



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3. Increase in cases, hospitalizations, deaths, ICU admissions and ventilator usage.
4. Personal Responsibility – If individuals are advised that they are COVID+ or have had close contact with a COVID + individual that necessitates isolation or quarantine, be proactive and follow the mandate right away. Take it upon yourself to remove yourself from circulation before the Maine CDC contact tracers must ask you.
5. Influenza Vaccine – best protective thing that we can do is encourage people to get themselves vaccinated for influenza. Encourage anyone who has not been immunized to do so.
ACTION: If you ever have questions or concerns, feel free to reach out to Stacy and she will assist the best to her ability. (Stacy.boucher@maine.gov)

[Council Coordinator Update](#)

Committees

- **Public Health Emergency Preparedness** –The Public Health Emergency Preparedness Committee has taken on planning for an Aroostook Alternate Care Site Plan as its current priority project. We have reviewed numerous documents and are close to completion.
 - Next Meeting: Thursday, November 12, 2020 at 1PM**ACTION:** If you would like to be added to the list please let Darren, Stacy or Maura know.
- **Healthy Aging** – The Healthy Aging Committee has moved to monthly drop-in meetings. They are short 30-minute check-ins
 - Last meeting notes (Thank you Joy): Virtual Programming, Senior Commodities box & Area Plan on Aging
 - Next Meeting: Tuesday, December 15, 2020 at 1PM – 1:30PM**ACTION:** If you would like to be added to the list please let Joy, Stacy or Maura know.

District Public Health Improvement Business

Maine Prevention Services Updates

- [Youth Engagement Progress Report April – June 2020](#)
- [Substance Use Prevention Services April – June 2020](#)
- [Obesity Prevention April – June 2020](#)
- Kim P
 - Thank you for facilitating the process of scheduling our guest presenter today.
 - Fort Kent is the first School program that is doing Prime for Life program virtually - done last week.
 - Collaborating with Aroostook Band of Micmac's on back to school events, Drive in Movies, Halloween events
 - Responsible Beverage Trainings coming up.
 - Community Assessment on Stimulants being planned
- Meg H



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- Distributing information via Food Cupboards & WIC program
- Children's Book Distribution – Mindfulness
- Substance Use Directory: Prevention, Recovery and Treatment
 - Directory [Link](#)
 - Hard Copy – reach out to Kim Parent

Healthcare Coalition, Mike Hatch

- Coalition Changes: Coalition went from Three Coalitions in the state to One Coalition statewide and three chapters. Megan Melville resigned but Mike will attend until a new person is hired.
- Annual Hazard Vulnerability Analysis was just released. They have worked their plan all the way to Outcomes, Action items and Mitigation. Available on the HCCS website: <https://www.mainehccs.com/>
- Alternate Care System Plan – currently writing
- Infectious Disease Surge Plan – next project, along with a Tabletop drill
- Emergency Response Plan & MOU updating happening

Partner Updates

- Dawn, Northern Light AR Gould Hospital
 - Flu Clinic was successful, 1,238 Flu Shots given out during clinic and everyone got a bag of information similar to what would have been distributed at the annual Health Fair.
 - Yellow Tulip Project (Partners: AMHC, Northern Lighthouse, City of Presque Isle & the Nordic Heritage Center) planted 20 gardens across the county.
 - Walk with a Doc – November 20th at 12PM at the Aroostook Center Mall on Diabetes Management
 - Community Report – will be included in the roundtable
- Meg, ACAP
 - COVID19 Rental Relief Program has been restarted. If you need assistance for October or November, please contact ACAP
 - Health Insurance Marketplace Navigators assisting people during open enrollment
 - Home Energy Assistance is expanding rapidly
 - Aroostook County Homeless Stakeholders Group will be meeting again in November
 - Helping Hands Telethon later this month
 - Clothing outside Main St. Office available to anyone who wants to donate/needs something
- Alain, NMMC
 - Construction Project Underway: Includes cafeteria, lab and registration area, new behavioral health space, and new operating room and same day surgery suites. Anticipated completion February 2021. Open House options being discussed.



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- New Electronic Medical Record Platform (Cerner) – planned to go live in April 2021.
- NMMC is offering the “Swab and Send Clinic”. By appointment only because it is inside.
- Four Hospitals with Region 5 EMS writing HRSA proposal for Interfacility Transport. November 11th initial meeting.
ACTION: For more information contact Alain B.
- Jann, Hope and Recovery Center
 - Men’s Caribou Sober House – Currently operational and at capacity. Already has a waiting list. In process of purchasing a women’s house (it needs remodeling) – projected March 2021 open.
 - Hope and Recovery Center – Surge of people in the last few months. People are looking to get out, socialize with others in recovery, we have been offering Zoom meeting, but we have found that people in recovery need in-person support. We have been glad we have been open and available to support them.
 - Teaching Prime-For-Life in the Jails when they are open. (Closures due to COVID19)
- Joy, AAA
 - Food Distribution: Shout out to Volunteers and Staff doing Home Delivered Meals peaked at 9,000 – Numbers have stayed here.
 - CARES ACT Money - iPad Lending Program – Roll out the next few months.
 - AAA is participating with the UNE Geriatric Workforce Enhancement Grant – through this program they have iPads available for certain participating practices.
 - Developing a Friendly Helper Program – (Laundry, Shoveling or Technology support)
ACTION: Please reach out to Joy if you would like to know more about any of these programs
- Laura, Northern Light AR Gould Hospital
 - COVID efforts
 - Swab-n-Go Clinic – Back on campus, Drive-Thru Clinic -Off Academy Street, running it though the ambulance bays.
- Gabe, MYAN
 - Youth Planning Team have put together the one day event for youth: NOW – A Youth Action Forum: November 14th: <https://www.myan.org/conference/now/>
 - Virtual Training Series: Support Teacher and other folks interacting with youth: <https://www.myan.org/trainings/>
 - Contact Info: Gabriel.obrien@opportunityalliance.org

Next Meeting - **Wednesday, February 3, 2020.**
Meeting Adjourn.



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